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Qigong and the Treatment and Prevention of Cancer: A Bibliography (Updated)

Robert W. McGee
Fayetteville State University

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ABSTRACT

Qigong is a subfield of Traditional Chinese Medicine (TCM) that has been around for more than 4,000 years. It is also a subfield of health economics. Practicing qigong exercises on a regular basis can improve health and cause the body to function more efficiently. Numerous studies have shown that the regular practice of various qigong exercises can help in the treatment and even the prevention of certain diseases. This bibliography provides the citations to more than 30 years of medical studies that have been conducted on the use of qigong to treat and prevent cancer.

The bibliography is categorized by type of cancer, which makes it possible to find relevant studies on various types of cancer more easily. The present bibliography is part of a series on the economics of qigong, focusing on the healthcare benefits to be gained by the practice of qigong. Other studies in this series are listed at the end of this bibliography.

Key Words: cancer, qigong, chi gong, chi kung, health qigong, medical qigong, traditional Chinese medicine, TCM, tai chi, taiji chuan, 氣功, 气功, **気功**, 기공

JEL Codes: D60, I00, I10, I12, I19, Y50

METHODOLOGY

The PubMed.gov database was used to find studies on qigong and the prevention and treatment of cancer.

CANCER STUDIES

BIOSOCIALITY AND CANCER

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BREAST CANCER

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DEPRESSION AND CANCER

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DYSPNEA AND CANCER [Also see Lung Cancer]

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FALL PREVENTION AND CANCER

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ABOUT THE AUTHOR

Robert W. McGee is a professor at the Broadwell College of Business and Economics, Fayetteville State University, USA and Adjunct Research Fellow at the American Institute for Economic Research. He has earned 23 academic degrees, including 13 doctorates from universities in the USA and four European Countries. He has published more than 60 books, including several novels, and more than 1000 articles, book chapters, conference papers and working papers. Various studies have ranked him #1 in the world for accounting ethics and business ethics scholarship. He has also been ranked #1 in the world for tax evasion research for the 47-year period 1975-2022 and for the 70-year period 1952-2022 and is ranked among the Top 10 economists in the world for research impact. He is an attorney and CPA (retired) and has worked or lectured in more than 30 countries. He drafted the accounting law for Armenia and Bosnia and reviewed the accounting law for Mozambique. He was in charge of assisting the Finance Ministries of Armenia and Bosnia convert their countries to International Financial Reporting Standards. He is also a world champion in taekwondo, karate, kung fu and tai chi and has won more than 1000 gold medals.