

List of NIH Grants for Qigong and Energy Healing Research
Broad Qigong include yoga and all meditations

1-R21-AT001942-01	Yoga for Treating People at Risk for Diabetes or With Both HIV and Depression	Frederick M. Hecht, MD	Swami Vivekananda Yoga Anusandhana Samsthana (SVAYSA), Bangalore, India UCSF Positive Health Program	2004	
1 R21 AT01168-01	Yoga for Treating Shortness of Breath in Chronic Obstructive Pulmonary Disease (COPD)	Virginia Carrieri-Kohlman, RN, DNSc	University of California, San Francisco, California	2003	
1 R21 AT00266-01A1	Yoga as a Treatment for Insomnia	Sat Bir Singh Khalsa, PhD	Brigham and Women's Hospital Division of Sleep Medicine, Boston, Massachusetts	2001	Publications available
R21-AT002353-01	The Penn Lifestyle Modification and Blood Pressure Study (LIMBS)	Raymond Townsend, MD	University of Pennsylvania, Philadelphia, Pennsylvania	2004	
1 P50 AT00066-01P3; 1 P50 AT00066-01	Yoga: Effect on Attention in Aging & Multiple Sclerosis	Dr. Barry S. Oken	Oregon Health Sciences University/Neurology, Portland, Oregon	2001	
1 R21 AT01215-01	Evaluating Yoga for Chronic Low Back Pain	Karen J. Sherman, Ph.D.	Center for Health Studies, Group Health Cooperative	2003	
R01 AT002490-02	Neuroendocrine Mechanisms in Yoga Treatment of Insomnia	Khalsa, Sat Bir S	Brigham and Women's Hospital, MA	2005	
R21 AT001679-01A2	Effect of Iyengar Yoga Therapy on Chronic Low Back Pain	Williams, Kimberly A.	West Virginia University, WV	2005	
R21 AT002353-02	Cardiovascular Effects of Lyengar Yoga	Townsend, Raymond R	University of Pennsylvania, PA	2005	

R21 AT003083-01	Yoga for the Management of HIV-Metabolic Syndromes	Yarasheski, Kevin E	Washington University, MO	2005	
1R01CA105023-01A2	Effects of Tibetan Yoga on Fatigue and Sleep in Cancer	Cohen, Lorenzo	University of Texas MD Anderson Cancer Center	2006	
1R21CA102385-01A2	Biobehavioral Effects of Yoga During Cancer Treatment	Cohen, Lorenzo	University of Texas MD Anderson Cancer Center	2005	
5R01HD045834-02	The Yoga for Hyperkphosis Trial	Greendale, Gail A.	University of California Los Angeles	2004	
5R21AT001942-02	Yoga, Health, and Meditation	Hecht, Frederick M.	University of California San Francisco	2003	
1R21AT002971-01	Psychoneuroimmunology and Mind-Body Interventions	Kiecolt-Glaser, Janice K.	Ohio State University	2005	
1F31MH073255-01	Reducing Negative & Depressive Symptoms During Menopause	Elavsky, Steriani	University of Illinois Urbana-Champaign	2005	
1R01HD050931-01	Primary Care Treatment for Overweight Adolescent Females	Stevens, Victor J.	Kaiser Foundation Research Institute, Oakland, CA	2005	
K01 AT00694-01	Brain Imaging Technology to Examine the Effects of Meditation		Massachusetts General Hospital, Boston, Massachusetts	2001	
1P50AT000840	Meditation-Based Stress Reduction in Rheumatoid Arthritis	Brian Berman, MD	University of Maryland School of Medicine - Kernan Hospital, Baltimore, Maryland	2003	Publications available
1 R21 AT00416-01	Meditation-Based Treatment for Binge	Jean L. Kristeller, PhD	Indiana State University, Terre Haute, Indiana Duke Center for Integrative	2002	Publications available

	Eating Disorder		Medicine, Durham, North Carolina		
1 R01 AT00226-01M; 1 R01 AT00226-01	Effects of Meditation on Mechanism of Coronary Heart Disease	C. Noel Bairey Merz, M.D.	Preventive and Rehabilitative Cardiac Center, Los Angeles, California	2001	
1 P50 AT00082-01P1; 1-P50AT00082-01; 5-P50AT00082-02	Basic Mechanisms of Meditation and Cardiovascular Disease in Older Blacks	Robert H. Schneider, MD	Charles R. Drew University of Medicine and Science, Los Angeles, California Maharishi University of Management Center for Health and Aging Studies, Fairfield, Iowa	2001	
1 P50 AT00082-01P2; 1-P50AT00082-01; 5-P50AT00082-02	Clinical Trial of Meditation for Cardiovascular Disease in Older Black Women	Robert H. Schneider	Howard University Medical Center, Washington, DC, District of Columbia Morehouse School of Medicine, Atlanta, Georgia Maharishi University of Management, Fairfield, Iowa	2001	
1 R21 AT00683-01	Mindfulness-Based Art Therapy for Cancer Patients	Daniel A. Monti, MD	Thomas Jefferson University Hospital/Kimmel Cancer Center, Philadelphia, Pennsylvania	2002	Publications available
1 p01 AT002024	Staying Well: A Clinical Trial of Mindfulness-Based Stress Reduction and Education Groups for HIV	Frederick M. Hecht	Osher Center for Integrative Medicine, San Francisco, California	2005	
R21 AT001324-01	Pilot Study of Vedic Medicine for Type 2 Diabetes		Kaiser Permanente Center for Health Research, Portland, Oregon	2003	Publications available
RO1-AT00905	A Pilot Study to Determine the Effectiveness of	David Eisenberg, PhD	Osher Institute, Harvard Medical School, Boston, Massachusetts	2005	

	Combining Conventional and Complementary and Alternative Medicine to Treat Low Back Pain				
5R21CA102515-02	Healing Touch, Immunity, and Fatigue in Breast Cancer (biofield)	Lutgendorf, Susan K.	University of Iowa	2003	
5R01AT000869-05	Barriers To The Integration Of Mind-Body Medicine	Astin, John A.	California Pacific Med Ctr-Pacific Camp	2001	
5R24HL076852-02	Pittsburgh Mind-Body Center-II	Matthews, Karen A.	University of Pittsburgh at Pittsburgh	2004	
5R01AG024833-02	Mind-Body Interactions in Management of Type 2 Diabetes	Stephens, Mary Ann Parris.	Kent State University at Kent, Kent, OH	2004	
5K24HL077506-02	Mind-Body Interactions in Cardiovascular Disease	Vaccarino, L Viola.	Emory University	2004	
5R21NS048594-02	Development of a Mind-Body Center at NYUSOM	Cancro, Robert	New York University School of Medicine	2004	
5R01NR008585-03	Impact of Mind-Body Interventions Post Organ Transplant	Gross, Cynthia R.	University of Minnesota Twin Cities	2003	
5R25AT000682-04	Interdisciplinary CAM Curriculum Model	Elder, William G.	University of Kentucky	2002	
5R25AT000419-05	Educational Initiative in CAM	Haramati, Aviad	Georgetown University	2001	
1F32AT003363-01	Economic evaluation of naturopathy for low back pain	Herman, Patricia M.	University of Arizona	2005	
5R21NS048593-	Center for Mind-Body	Haythornthwaite,	Johns Hopkins University	2004	

02	Research	Jennifer A.			
5U19AT002656-02	Complementary/Alternative Medicine: Expectancy & Outcom (mind-body medicine)	Oken, Barry S.	Oregon Health & Science University, Portland, OR	2005	
5R21AT001586-02	Music Engagement for Non-Pharmacological Analgesia (mind-body intervention)	Bradshaw, David H.	University of Utah	2004	